



PRELIMINARY PROGRAM

REGISTER NOW!

National Newcomer Navigation Network (N4) and Metropolis have partnered to offer a special **PRE-CONFERENCE FORUM** focusing on key social determinants of health. On October 29th, the N4-MSDH Forum will offer a unique opportunity to hear from field experts regarding three focused areas.

REGISTRATION IS REQUIRED

TOPIC	SPEAKER
WELCOME AND SETTING THE CONTEXT • 9:00 AM - 9:20 AM	
<ul style="list-style-type: none"> Welcome and Land Acknowledgement Overview of the day 	<ul style="list-style-type: none"> Christine Kouri, N4 Jack Jedwab, Metropolis Institute
<ul style="list-style-type: none"> Opening remarks 	<ul style="list-style-type: none"> The Honourable Mark Holland, Member of Parliament, Minister of Health
HEARING FROM THE EXPERTS	
TOPIC #1: ENSURING EVIDENCE-BASED PRACTICES AROUND SDH DATA COLLECTION AND USE • 9:20 AM - 10:20 AM	
<p>Organizations realize the importance of collecting SDH data, but struggle to know how to collect and use the data in a meaningful way. Statistics Canada will explain their role in the collection of SDH data, what sources of SDH data exist and how to access them. You will learn how to collect SDH data in a trauma-informed and evidence-based way, and best practices in using data to inform health equity planning. In addition, the Association for Canadian Studies will present the Canadian Index for Measuring Integration and Inclusion tool that evaluates immigrant outcomes through self-perceived quality of life and access to healthcare.</p>	<ul style="list-style-type: none"> Jennifer Ali, Chief Population Health Frameworks, Statistics Canada Anita Brobbey and Larine Sluggett, Analysts, Statistics Canada Paul Holley, Research Director, Metropolis Institute Q&A
BREAK • 10:20 AM - 10:35 AM	
TOPIC #2: HEALTH LITERACY AND PROMOTION FOR DIVERSE POPULATIONS IN THE AGE OF TECHNOLOGY • 10:35 AM - 11:35 AM	
<p>In 2022, the World Health Organization warned of the “infodemic” making it difficult for people to find trustworthy and reliable information. The misinformation has been shown to have direct impact on health status and even life. Jude Mary Cénat, Associate Professor in the School of Psychology and the Director of the Vulnerability, Trauma, Resilience & Culture Research Laboratory at the University of Ottawa, will provide an overview of how people access health information in the age of technology. You will learn about the routes of misinformation and the loss of trust in healthcare providers, and how technology can be leveraged in a positive way to promote health literacy.</p>	<ul style="list-style-type: none"> Lisa Jane de Gara, Manager, Action for Healthy Communities Jack Jedwab, President and CEO, Association for Canadian Studies and the Metropolis Institute Q&A

TOPIC	SPEAKER
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TOPIC #3: MENTAL HEALTH: CANADIAN BEST PRACTICE STANDARDS •
11:35 AM - 12:35 PM

Canada’s mental health and substance use system faces a crisis due to chronic underfunding, fragmented services, pervasive stigma, limited access to care, workforce shortages, and disparities in service provision. These limitations can be at least partially mitigated by reformed, improved and standardized services. Nitika Rewari, Director of Prevention and Promotion Initiatives at The Mental Health Commission of Canada will provide an overview of the National Mental Health and Substance Use Health (MHSUS) Collaborative 2024 Roadmap for national mental health standards in Canada. You will learn about the current and future states of mental health services and the Calls to Action.

- **Nitika Chunilall**, Director, Prevention and Promotion Initiatives, Mental Health Commission of Canada
- Q&A

LUNCH • 12:35 PM - 1:20 PM

FACILITATED BREAK-OUT ROOMS (ROTATING) • 1:20 PM - 3:45 PM

Facilitated break-out sessions will aim to develop a mutual understanding of the path forward, including a concrete plan for their roles in addressing the root causes of health inequities.

Breakout room #1: Ensuring evidence-based practices around SDH data collection and use

Breakout room #2: Health literacy and promotion for diverse populations in the age of technology

Breakout room #3: Mental health: Canadian best practice standards

BRINGING IT ALL TOGETHER • 3:50 PM – 4:30 PM

Initial summary of break-out rooms

- Facilitators for each room & Guest Speaker(s) report on initial summary of findings

Final Thoughts & Next Steps

- **Christine Kouri**, N4
- **Jack Jedwab**, Metropolis

VENUE INFORMATION

SHERATON VANCOUVER WALL CENTRE 1000 BURRARD ST, VANCOUVER, BC V6Z 2R9

Junior Ballroom, North Tower, 3 rd floor	Registration & Information Table
Junior Ballroom D, North Tower, 3 rd floor	Welcome, Opening & Closing Sessions, Lunch
Junior Ballroom A, North Tower, 3 rd floor	Breakout Session 1: Ensuring Evidence-Based Practices Around SDH Data Collection and Use
Junior Ballroom B, North Tower, 3 rd floor	Breakout Session 2: Health Literacy and Promotion for Diverse Populations in the Age of Technology
Junior Ballroom C, North Tower, 3 rd floor	Breakout Session 3: Mental Health: Canadian Best Practice Standards



NATIONAL NEWCOMER
NAVIGATION NETWORK
RÉSEAU NATIONAL DE
NAVIGATION POUR
NOS NOUVEAUX ARRIVANTS

